

Hydra Aquatics of Northern Virginia Code of Conduct

Purpose:

The purpose of this Code of Conduct is to establish clear expectations for athlete behavior and to promote a safe, respectful, and inclusive environment for all members of Hydra Aquatics of Northern Virginia LLC dba Hydra Aquatics of Northern Virginia ("HYAQ"), consistent with the policies of USA Swimming and applicable Virginia laws, including those governing youth safety and anti-bullying.

Athlete Responsibilities:

By signing this Code of Conduct, swimmers and their parents/guardians agree to the following:

1. Respect & Sportsmanship

- I will treat my teammates, coaches, officials, and competitors with respect and courtesy at all times.
- I will demonstrate good sportsmanship at all practices, meets, and team events.
- I will respect my teammates' personal boundaries and dignity. Any conduct that constitutes harassment, bullying, or discrimination—including sexist, racist, homophobic, or otherwise inappropriate behavior—is strictly prohibited and will result in appropriate disciplinary action in accordance with Virginia and USA Swimming policies.

2. Commitment & Team Participation

- I will make every effort to attend all team meetings and training sessions unless excused by my coach.
- I will strive for excellence, maintain a positive attitude, and encourage a team-first mindset.

3. Facility & Property Respect

- I will treat all facilities, locker rooms, and equipment with care and respect, including when used during practices, competitions, and team activities.
- I understand that any vandalism, theft, or property damage may result in financial liability and disciplinary action, including potential suspension or expulsion.

4. Prohibited Conduct

- I will not use profanity, engage in violence or threats, or participate in dishonest or unlawful activity.
- I will not approach meet officials directly to dispute decisions but will refer such concerns to my coach.

5. Compliance with USA Swimming Rules

- I agree to follow all USA Swimming rules, policies, and codes of conduct, including the Minor Athlete Abuse Prevention Policy (MAAPP), which is [available here](#).

Disciplinary Process:

Violations of this Code of Conduct will be addressed by HYAQ's disciplinary committee. Consequences may include:

- Verbal warning;
- Temporary or permanent suspension; or
- Expulsion from the club.

All decisions will be communicated in writing. Athletes and families may submit a written appeal within seven (7) days of receiving notice of any formal disciplinary action. Appeals will be reviewed by the HYAQ's Leadership Team.

Parental & Guardian Responsibilities:

Parents/guardians agree to:

- Reinforce their child's adherence to the Code of Conduct;
- Address concerns or disputes through HYAQ's designated resolution channels before seeking any outside remedy; and
- Promote sportsmanship and respectful communication at all events.

Acknowledgment & Agreement:

I have read, understand, and agree to abide by this Code of Conduct. I acknowledge that violation of this policy may result in disciplinary action as described above.

Swimmer Name(s) (Print) and Age(s): _____

Swimmer Signature(s): _____

Date: _____

Parent/Guardian Name (Print): _____

Parent/Guardian Signature: _____

Date: _____